

Family Support Zoom Meetings for Parents and Other Primary Caregivers of a Child, Youth, or Young Adult Living with Mental Health, Substance Use, or Co-occurring Challenges

Brought to You by the Montgomery County Federation of Families for Children's Mental Health

Tea Time with Parents presents a “Relax & Unwind” hour every Tuesday from **5:30 PM to 6:30 PM.**

Zoom Link:

<https://us02web.zoom.us/j/87267259906?pwd=SGYzV1pqZUxVZjhOZmtDbVFDRmhkQT09>

Meeting ID: 872 6725 9906; Passcode: 1234

Parent Talk presents a “Lunch and Discussion” hour every Thursday from **12 Noon to 1 PM.**

Zoom Link:

<https://zoom.us/j/350322859?pwd=dElhTG1RcjVPY1lBdDZVMTNXejZHQT09>

Meeting ID: 350 322 859; Passcode: 253238

Parent Connection presents a great Parent-to-Parent support group every **2nd Saturday of the month from 10 AM to 12 Noon.**

Zoom Link:

<https://us02web.zoom.us/j/926372599?pwd=cIMvNEpkZ0xIMEp5RUZvTUVPVWxidz0>

Meeting ID: 926 372 599; Passcode: 028229

Did you know...You can dial into Zoom meetings on your phone!

Dial by your location

+1 301 715 8592 US (Germantown)

+1 929 205 6099 US (New York)

Find your local number: <https://us02web.zoom.us/u/kMnKS2hoS>

If you have any questions or need additional information, please contact Madge Mosby 301-828-0222 or mmosby@mcfof.org

Montgomery County Federation of Families for Children’s Mental Health
13321 New Hampshire Avenue, Terrace B, Silver Spring, MD 20904

<https://www.mcfof.org>

