

BRIDGES TO THE FUTURE

Maximizing Youth Potential in Montgomery County



HOPE. HELP. HEALING

Transition age youth with mental health challenges face many difficulties as they move into adulthood, as child-serving systems give way to adult-serving systems with varying eligibility requirements. Achieving success in important domains of their lives; like education, work, stable housing, transportation, relationships can be very daunting. Many of these youth have become system “weary” and “wary” and have no interest in being a part of a system designed and run by adults. The Bridges to the Future aims to be the conduit bridging the gap to services for youth, maximizing their potential and to teach them how to take the driver seat of their own plans of action and their futures.

What do we do?

Youth and young adult friendly, care coordination of services and supports for youth, ages 16-21 with behavioral health challenges including but not limited to:

- Coordinate and connect young adults leaving child serving agencies to appropriate adult serving agencies
- Provide positive peer support partners to share knowledge and experiences for recovery
- Help youth prepare and obtain education and/or work
- Guide youth to achieve independence and life skills
- Assist youth in building and maintaining social connections
- Help youth access any care needed regarding behavioral health needs

Who is eligible?

Youth ages 16-21, with a mental health diagnosis who are having difficulties with life domains; like school, work, relationships, well-being/behavioral health, housing and/or transportation AND their families.

How to get HELP?

To make a referral or to get more information, please call ***Bridges to the Future*** at the Federation of Families at 240.706.6498 or 240.706.5491.

For more information about the *Bridges to the Future Initiative*, check out the Montgomery County Collaboration Council website – under Service Areas – then Access to Care. <http://collaborationcouncil.org/>

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